

# Leader Board

SoCal Ultra Running Series

April 10, 2004

## First Quarter

### From the Board

We are off to a running start with many returning and several new members. Kathy has headed up to Oregon and will be missed. Fred, Joe, and I have been working on clarifications to the Series rules, new award ideas, and building the membership base. We hope you will join if you have not done so already. We have agreed to honor any races you have completed towards your total points for 2004.

There is the usual full slate of races for you to participate in. Lost Boys has been cancelled for 2004 due to extended issues related to the fires that swept through the area. The PCT 50 and Cuyamaca Laguna 50k may be also be influenced by those forces. Keep up-to-date by visiting the web page often at

[www.socalultraseries.org](http://www.socalultraseries.org)

The web page is kept current with information submitted by you the members, information submitted by race directors, and by Fred Pollard who keeps the Series Standings. It is also intended to be your single source for links to all the individual race web sites. In the near future this newsletter will also be available online. As some point I'll be asking each of you whether you want to receive this newsletter via email or snail mail. The Series can save a bundle this way. Don't be alarmed if you don't have web access. We still remember how to communicate via mail.

New for 2004 is a clarification on how points are accumulated for 12/24 hour runs.

In a 12/24 hour event the runner's miles divided winner's miles (to establish a percentage) times the maximum possible points (100 in a 24 hour/ 50 in a 12 hour). If the winner runs less than 100 miles in a 24 hour or 50 miles in a 12 hour that distance will be used to calculate total points. The maximum points on any 24 hour run is 100 points and 50 points for 12 hour runs. We have also added a men's and women's award for most miles run in series races with cumulative time as a tie breaker. All runners completing six or more races will receive a certificate of recognition. Although I haven't integrated it yet I also want to have a section of the web page dedicated as a place you can list a training run you have planned and where you can invite others to join you. This might be a great way to connect with other runners who share your interests or training plans. The Angeles Crest 100 training runs have become well known as challenging and fun days on the trails. These could be similar in format with new locations for discovering a great new trail.

Finally, let me say that I'm very glad Joe and Fred agreed to continue in their roles as statistician and treasurer and as co directors with me. It is my pleasure and honor to serve as your Series director. I hope to see you all on the trail and best wishes in all your endeavors during 2004. I'd love to hear from you and find out what you expect from your participation in the Series.

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